

COUNTY OF LOS ANGELES – DEPARTMENT OF MENTAL HEALTH
CULTURAL COMPETENCY COMMITTEE MEETING MINUTES

Date: January 13, 2016

Present: Alberto Henriquez, NAMI SFV; Andy Vigil, Drew Child Development; Bernice Mascher, AI/AN community member; Betty Dandino, LACCC, Chair; Chanh To, Asian Coalition; Denise Johnson, Alafia Mental Health; Helen Park, DMH-JJMHP; Jacob Cohen, LACCC/DMH; Leticia Ximenez, DMH Community & Government Relations Division – CCC Co-chair; Lisa Schoyer, LACDMH CSOS; Lorraine Viade, DMH SFC SA 4; Luis Garcia, Tri-City Mental Health Services; Masao Tsuru, Office of Integrated Care; Malcolm Clayton, VIP; Mirtala Parada Ward, PSB-QID; Monique Holguin, DMH Office of the Chief Deputy Director; Rafaela Diaz, Hillside; Roxana Linares, PSB-QID; Ruth Tiscareno, DMH/Spa 7 Parent Advocate; Saadia Jackson, Compton Mental Health Center; Sandra Clayton, LA City College; Sharon Lyle, MHC; Shirley Flournoy, TAY Bureau; Sunnie Whipple, AI/AN community member; Yue Hua Xu (Vicki), DMH SA 3;

Participants via Webex: Ann Lee, SA 8 Long Beach/South Bay Geo Initiative; Muriel Cormier, Children System of Care; Wendy Cabil, Antelope Valley; Sandra Chang Ptasinski, PSB-CCU.

| Agenda Items | Comments/Discussion/Recommendations/Conclusions | Action Item | Person(s) Responsible |
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| Welcome & Introductions | Attendee introductions | | CCC membership |
| Review of Minutes | November minutes reviewed and approved. | | Co-Chairs |
| Ethnic Services Manager (ESM) Update | <ul style="list-style-type: none"> The 2016 Medi-Cal System Review for LACDMH will begin the week of February 8th. <ul style="list-style-type: none"> The CCC is a new item in the ACCESS Section of the Protocol. The CCC annual reports for CY 2014 and 2015 will be submitted as evidentiary documentation along with meeting agendas and minutes. All CCC workgroup co-leads were asked to submit a detailed written workgroup report to the ESM, highlighting goals/objectives, activities, and accomplishments for 2015. This information will be incorporated in the CCC annual report. The revised Language Interpreters Policy is currently being reviewed by the | | Sandra Chang Ptasinski |

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| | <p>Compliance, Privacy and Audit Services Bureau. It will also be featured in the Medi-Cal System Review.</p> <ul style="list-style-type: none"> • The PSB-QID receives HRB reports on LACDMH bilingual certified staff. The ESM will share with the CCC as a future meeting agenda item. • The CCC recommendations for the implementation of the Health Agency Model, dated October 2015 will be introduced by the ESM to the Cultural Competency Health Agency Workgroup. • The ESM also reminded the CCC membership that parking reservation requests need to be forwarded to Roxana Linares and herself one week <u>prior to each</u> CCC meeting. | | |
| MHSOAC Update | <ul style="list-style-type: none"> • A state-wide bill is going to be incorporated from Prop 63 of the Mental Health Services Act. • There has been staff changes within the MHSOAC and Ruth Tiscareno has not been given her new two-year assignment yet. • Focus groups are being held to discuss the format of MHSOAC meetings and visits. • The last forum meeting was in Modesto, CA. Families of migrant workers were well represented. Also, more community members than administration and staff members attended this meeting. | | Ruth Tiscareno |
| Presentation: Parameters for Assessment and Treatment of Individuals with Co-occurring Intellectual Disabilities (CID) | <ul style="list-style-type: none"> • Parameter 4.18 was created to address the challenges of providing culturally competent clinical assessment, treatment, linkage and care to individuals with CID across the lifespan. • The presentation started with two rhetorical questions: <ul style="list-style-type: none"> ○ What does it mean to be culturally competent to someone with autism or someone who has different functional abilities? ○ What does it mean to not understand information the same way other people do? • Presentation Highlights: <ul style="list-style-type: none"> ○ Persons with CID, need to be given the opportunity physically, emotionally, psychologically, spiritually to reach their fullest potential ○ Intellectual disabilities and capabilities vary in degree from person to person ○ An intellectual disability will not be obvious from a person's appearance, nor will it necessarily be accompanied by a physical disability | | Lorraine Viade |

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| | <ul style="list-style-type: none"> ○ Even though the behavior of children with CID may be perceived as “disruptive”, these may be due to frustration because the children do not have the language to express themselves or may be experiencing hearing problems ○ We need to know what an autistic child looks like when he/she is depressed, how to differentiate different disabilities, and what to look for ○ By improving LACDMH’s service delivery with regards to clinical assessment, treatment planning, training, inter-agency collaboration, the mental health challenges of individuals with CID will be met ○ Assessments should be individualized and based on the person’s level of cognitive, adaptive and functional impairments, and adaptive and functional potential <ul style="list-style-type: none"> – What can they do? – What are their functions? ○ Treatment planning needs to be explained in simple language ○ Metro North, Dr. Viade’s Program, is connected to the Regional Center. Every other month, they have collaborative meetings and, which include case presentations and trainings. ○ The lack of available services and trained staff is still a challenge. Recently, Dr. Shaner, LACDMH Medical Director, coordinated the first training for DMH Psychiatrists by the Regional Center. These trainings are being planned countywide. ○ Dr. Lorraine Viade encouraged the CCC members to become familiar with the parameters and to attend trainings ○ She hopes that one day a countywide assessment tool will be developed for clinicians to use in order to better assess mental health conditions in persons with CID ○ The CCC thanked Dr. Lorraine Viade for presenting the Parameters for the Assessment and Treatment of Individuals with CID. | | |
| 2015 Workgroup’s annual reports and 2016 workgroup election | <ul style="list-style-type: none"> ● The 2015 Workgroup Co-leads presented on their achievements and challenges. ● The CCC voted on the following Workgroups for 2016: <ul style="list-style-type: none"> ○ Native American Parity Focus Group ○ Culturally Competency Research ○ Data/Juvenile Justice ○ Outreach and Presentations | | Co-leads and Membership |

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| 2016 Co-chair Elections | <ul style="list-style-type: none">• The ESM recognized the 2015 co-chairs for their dedication and contributions to the CCC• Co-chair elections were held and the 2016 Co-chairs are:<ul style="list-style-type: none">○ Leticia Ximenez○ Bernice Mascher | | Membership |
| Next meeting | <ul style="list-style-type: none">• Wednesday, February 10, 2016, 1:30 pm to 3:30 pm at 550 S. Vermont Ave, 3rd floor conference room, Los Angeles, CA 90020 | | |

Respectfully Submitted,

Sandra Chang Plasinski, Ph.D.

LACDMH

Program Support Bureau

Quality Improvement Division

Cultural Competency Unit

Ethnic Services Manager